

# talking activities to build language skills



## talk baby talk

Using a fun, excited, sing-song voice helps a child learn words. Babies who hear more baby talk know more words by age 2 than those who don't.

## talk during routines

When you're cooking or getting them dressed, talk about what you're doing. It helps them connect a word to an action.

## talk in your native language

Children can learn many languages at once. English is easier to learn when they have a strong grasp of their first language.

## talk during mealtime

Describe the food's taste, feel and color. This helps children be aware of what they see. It also builds their memory and helps them group things.

## talk about everyday things

Babies are always listening. Talk about the weather, what you had for lunch, what you see when you are driving. This adds to the words they know.

## talk about your favorites

Say your favorite poems or sayings you knew as a child. Sharing connects your child to their culture.

## talk about taking turns

Repeat simple words and actions. Take turns giving and taking directions. This helps a child learn cause and effect.

## talking benefits:

- Increases vocabulary
- Creates bonds
- Teaches cause and effect
- Brings joy
- Builds memory

